



MATES Program

The **MATES** Program operates across Tasmania and is a befriending program between a volunteer and a participant.

The participant is:

- Over 18 years of age; and
- Has a diagnosed mental illness; and
- Is socially isolated; and
- Is ready to expand their social networks; and
- Is working with a case manager or doctor regarding their mental health condition.

Referrals can be received from:

- Case Managers
- Self-Referral
- Service Providers
- Medical specialists, practitioners, or staff
- Carer
- Family friend or neighbour.

Please reach out to the contacts below if you would like to become a participant or volunteer

MATES@familybasedcare.org.au

(03) 6431 8411



Family Based Care Enhanced Supports

Contact Us

Phone 03 6431 8411

Mobile 0418 141 313

73 - 75 Mount Street
BURNIE TAS 7320

Web

www.enhancedsupport.org.au

Facebook

[EnhancedSupportsFBC](https://www.facebook.com/EnhancedSupportsFBC)

Emails

enhancedsupport@familybasedcare.org.au

PBS@familybasedcare.org.au

MATES@familybasedcare.org.au

simply better care



Family Based Care Enhanced Supports

Our Services



Enhanced Supports - A Division of Family Based Care Tasmania

The Enhanced Supports Team follows best practice to provide qualified and credentialed support in the following ways:



Positive Behaviour Support

Our NDIS Commission approved Positive Behaviour Support practitioners currently service the state, and can provide services in both NDIS funded and non-NDIS funded areas.

pbs@familybasedcare.org.au

Psychosocial Recovery

A Psychosocial Recovery Coach assists NDIS participants with a psychosocial disability. Recovery Coaches focus on coaching participants to have improved participation in managing their lives, and usually work with other services to achieve these outcomes

Therapeutic Supports

We provide therapeutic counselling for NDIS and non-NDIS participants.



Support Coordination

Support Coordination helps participants make the best use of the supports in their plan.

Support Coordination is a capacity building support, which helps participants understand and use their NDIS plan to pursue their goals.

enhancedsupport@familybasedcare.org.au

Specialist Support Coordination

A higher level of Support Coordination for people whose situations are more complex and who need specialist support.

A Specialist Support Coordinator will assist you to manage challenges in your support environment and ensure consistent delivery of service.

Social Work

Social Workers provide case management for complex participants.



Our Collaborators include:

My Psychology Tasmania

www.mypsychology.org.au



My Speech Pathology Tasmania

www.myspeechpathology.org.au



My Occupational Therapy Tasmania

www.myottasmania.org.au

